

# Mayo Clinic Talks Podcast Season 3 Online CME Course

## Activity Description

Mayo Clinic Talks is a weekly podcast show targeted to the primary care clinician community. Podcasting offers succinct, relevant, accessible, and practical medical information which is useful for the primary care provider and seeking CME. The episodes in this course reflect commonly seen health problems in a primary care practice. Access to Mayo Clinic providers from numerous medical specialties as podcast guests, allows the podcast to cover an extremely wide variety of pertinent medical topics. Keeping each podcast to 20-30 minutes in duration allows the busy healthcare provider an opportunity to obtain useful information in a succinct format.

## Target Audience

This activity is appropriate for physicians, nurse practitioners, physician assistants, residents, fellows, students and allied health professionals.

## Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Cite some of the new practice guidelines for disease states commonly seen in a primary care practice.
- Recall evidence-based literature for current treatment recommendations in common conditions presenting in primary care settings
- List several current treatment recommendations in common conditions presenting in primary care settings

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## Accreditation Statement



JOINTLY ACCREDITED PROVIDER<sup>®</sup>  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

## Credit Statement(s)

### AMA

The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 11.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Other Healthcare Professionals**

**A certificate of attendance will be provided to other healthcare professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.**

### **Disclosure Summary**

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

### **Faculty, Planning Committee and Provider Disclosure Summary**

As a provider accredited by Joint Accreditation for Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. All who are in a position to control the content are required to disclose all financial relationships with any ineligible company. Faculty will also identify any off-label and/or investigational use of pharmaceuticals or instruments discussed in their content for FDA compliance.

**Listed below are individuals with control of the content of this program who have disclosed...**

#### ***Relevant financial relationship(s) with ineligible companies:***

Darryl S. Chutka, M.D. <b>Stock/Shareholder:</b> Exact Sciences Corp
Ekta Kapoor, M.B.B.S. <b>Intellectual Property (IP):</b> Lisa Health, Inc. <b>Consultant:</b> PriMed, StudioBos LLC, Well Found Inc., Academy of Continued Healthcare Learning, Astellas Pharma Inc., Astellas Pharma US, Inc., Mithra Pharmaceuticals, OBG Management, Scynexis, Med Learning Group; Grant/Research Support: Mithra Pharmaceuticals
Sanjeev (Sanj) Kakar, M.D. - Intellectual Property: Restor3d; OsteoApp.ai; Anthrex, Inc.; Innomed, Inc. <b>Consulting Activities:</b> Akcea Therapeutics, Arthrex Global University, Arthrex, Inc., Endo Pharmaceuticals, Inc., Gemini Medical, LLC, IBRA, Journal of Bone and Joint Surgery, Inc. (JBJS), Midwest Associates, Inc., Miller Review Course, Steelhead Surgical. <b>Other For-Profit Entities:</b> Consultant with Arthrex, Restor3d. <b>Stock, Stock Options, Warrants:</b> Orthobullets (Privately Held), Sonex (Privately Held). <b>Outside Mayo For-Profit and Not-For-Profit BOD activities:</b> American Society for Surgery of The Hand.
Gregory Poland, M.D. <b>Intellectual Property:</b> ICW SPV 01, LLC. dba Edjen Biotech, LLC Consulting Activities: Contec, Inc., 3D Communications, Adagio Medical Inc., Adjuvance Technologies, AiZtech Canada, Inc., AstraZeneca UK Limited, Atria Health, Bank of America

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**Other for-profit entities:** ELSEVIER Journal editor honorarium

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All relevant financial relationships listed for these individuals have been mitigated.

**No relevant financial relationship(s) with ineligible companies:**

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<https://ce.mayo.edu/content/disclosures>.

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## **Prerequisites for Participation**

There are no prerequisites needed prior to participating in this education activity.

## **Method of Participation**

Participation in this activity consists of listening to the podcasts, completing multiple choice questions with an 80% pass rate, and evaluation.

## **How to Obtain Credit**

To obtain credit, complete the post-assessment, evaluation, and submit.

## **Release and Expiration Dates**

Release Date: 2/21/2023

Expiration Date: 2/21/2026

## **Acknowledgement of Commercial Support**

No commercial support was received in the production of this activity.

## **Faculty and Course Director Listing and Credentials**

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## **Bibliographic Resources**

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[7] Wolf AMD, Fontham ETH, Church TR, et al. Colorectal cancer screening for average-risk adults: 2018 guideline update from the American Cancer Society. *CA Cancer J Clin*. 2018;68(4):250-281. doi:10.3322/caac.21457

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